## **Editorial**

Dear Villagers,

Happy New Year to you all. This year will bring some changes to the village as new houses are completed and new people move in. There will be a General Election, and if the polls are to be believed, a new government.

Many things will, of course, stay the same, even when we don't want them to. What is that phase, "May you be the change you want to become"? The best changes come from us working together to make good things happen.

On a different note, if you could volunteer as a Contact deliverer, speak to Debbie, or email me. If you would like to be editor....

Finally have a look at the Directory published in the centre pages. If you notice errors or omissions, or if changes happen, please let me know. I will have a little corrections spot if any are pointed out.

Clive.

#### DISCLAIMER

Please note that Contact Magazine does not officially endorse any advertising material included in this publication

Our preferred typeface is Times New Roman for regular articles and notices. Submissions should be suitable for A5 format. Submissions may be abridged for space reasons and inclusion is at the discretion of the Editor/Management Team.

February 2024 copy by 10<sup>th</sup> January please.

PROMPT PAYMENT OF ADVERTISING INVOICES WOULD BE GREATLY APPRECIATED

#### **CONTACT**

Harlington Village Magazine

#### **Editor**

Clive Salmon 01525 874481

e-mail and advertising harlingtonvillagemagazine@yahoo.co.uk

Distribution

Debbie Miles

#### Postal Subscriptions

Betty Goodge 01525 873725

Treasurer

Sue Whittle 07887 708304

#### **Contents**

Letter from St. Mary's	4
HNH Good Neighbours	5
Flittabus	7
0—4s Club	7
Brain Tumour Research	8
Inner Wheel Band Concert	9
ADALHS	10
Harlington Ramblers Wellbeing Walks	10
Crafternoon Tea	11
Jigsaws	11
Harlington Surgery	13
Harlington Directory	14
Harlington Gardeners' Society	16
Flit Vale Wildlife Group	18
Harlington Village Hall 100 Club	18
Messy Church News	21
Wednesday Coffee Mornings	21
Life Church	22
Harlington Heritage Trust	22
Methodist Church	23
St. Mary's Churchwarden	24
St. Mary's Church Services	25
Village Diary	28
New Year's Day Walk	28

Contact is also published on-line - https://harlingtonvillagemagazine.org



We help you prepare for the choices you have to make. NEVILLE. Because there is a difference.

#### **AMPTHILL**

The Old Church, Flitwick Road MK45 2NT t: 01525 406132

e: ampthill@nevillefuneralservice.com

#### LUTON

Neville House, Marsh Road, Leagrave LU3 2RZ t: 01582 490005 e: luton@nevillefuneralservice.com







www.nevillefuneralservice.com



My name is Jack Chauhan, I live in Harlington and own a family Garage in Luton Beech Hill Garage (Est 1977) 110 Marsh Road Luton LU3 2NL Tel 01582 504929/ 07860209098.

We repair/service **all makes and models** and no job is too big.

We have competitive rates and customer satisfaction is paramount to us.

I have customers who live in the village, who would happily provide a reference if requested.

I would appreciate it, if next time you want your car serviced/repaired that you consider me.

I can pick-up/return your car/van from the village.



IRONING | LAUNDRY | ALTERATIONS | REPAIRS

Your Harlington Laundry and Ironing Service.

Washing and/or ironing, alterations, repairs, wedding dress cleaning, curtains, duvets, blankets mattress toppers and throws. Curtain linings changed

Private and business customers welcome.

Monday to Friday - 9am to 6pm Saturday - 9am to 5pm

Please pop in or we can pick up and deliver to you.

2 Lincoln Way , Harlington, LU56NA 01525 875980 | 0745 9906412



Do you, or someone you know, suffer from a **phobia** which you would like to stop? Fear of heights, fear of needles, fear of spiders, fear of driving, or anything else.

I have over ten years' experience in successfully helping people using hypnotherapy and EFT (or 'tapping') and I specialise in treating phobias. I am confident that I can help you... so get in touch!

I also run a programme with hypnosis to Stop you Smoking easily and painlessly in just one session.

Based in Harlington. Please contact Frances for bookings and further details.

07800 502027

francesterryhypnotherapy.com



Our aim is to provide an outstanding professional, cost effective and friendly service

- ✓ Established over 50 years
- Traditional values with forward thinking and modern technology
- ✓ Full range of business and personal accountancy and tax services
- ✓ Latest cloud software
- ✓ Free initial meeting





**Tel: 01582 608601** 99 High Street South, Dunstable, LU6 3SF

Contact us today: enquiries@stotengillam.co.uk www.stotengillam.co.uk **f** @stotengillam

# Washing Machines Dryers - Dishwashers Repairs, Servicing & Sales



A local family business offering a quality service at a competitive price Est. 1981



Tel:01525 860148 Or Tim Downing direct on 07969 545 276

A member of the White Goods Trade Association Fully insured

## Letter from St. Mary's Church

January marks the beginning of a new year, when we look back to 2023 and forward to 2024. Globally, 2023 was not a good year. The huge loss of life in the Israel-Gaza conflict causes many of us to despair. Added to that is the horrendous conflict between Russia and Ukraine that started in the previous year, to which we can add civil wars in several countries



which rarely make it into the headlines. When will it all end? Has it ever been as bad as this in our lifetime? Questions that many people ask.

It is important to take a broader perspective, and the Christmas message of peace of goodwill may help here. We need to remind ourselves that Jesus came into a world in turmoil, where people lived their everyday lives in abject fear. They lived under a repressive, cruel, vicious, Roman regime which terrorised people. No wonder they were desperate for a saviour to come and rescue them. In the end, they did not quite get what they were expecting, they did not get someone to lead a revolt or insurrection. Someone prepared to die for them, and then rise from the dead, so they could all be saved. Not insurrection, but resurrection! They, and we, received an amazing gift of eternal life for those who follow the Messiah. In the end, all will be well.

In January many churches celebrate Epiphany when we recall the ways in which it became clear to people around Jesus at the time that he was the Son of God,



the fulfilment of prophecy, God made 'manifest' meaning God shown to human beings. No wonder the Magi, the Kings, were so excited and prepared to travel so far. No wonder we love to remember their wonderful, vividly colourful story as Christmas moves into Epiphany. Yet not only is it a great story, the three Kings or wise men

also represent us. They were from different races and cultures, different ages, well educated but sometimes made mistakes (they nearly revealed to King Herod where Jesus was born). They knew there was more to life than material possessions. They were prepared to take risks in order to take up a challenge. So many lessons we can learn from them as we move into 2024.

Robert Johns Reader, St. Mary's Church

## Harlington Neighbourhood Help

## HARLINGTON NEIGHBOURHOOD HELP



## **Notice of Annual General Meeting 2024**

## Thursday 16<sup>th</sup> February from 7.30pm at The Hub and Spoke Café Lincoln Way

#### **Everyone welcome!!**

Harlington Neighbourhood Help (HNH) started in May 2000 as a pioneer group for Bedfordshire with initial funding of £200 and 80 volunteers.

We currently have 22 volunteers, most of them drivers, but we also have non-drivers as we help with forms, prescription collections, shopping etc.

We have had over 400 'jobs' this year in the village.

Transport requests are for anyone who has difficulty using local public transport, but tend to come from some of our older residents. They are driven by DBS checked **volunteer drivers** who wait during the appointment, and are currently offered reimbursement at the rate of 45p per mile. We always need more drivers. Most local journeys are currently completely free thanks to donations.

Our committee has 7 members including a Chair, Secretary, Treasurer, and Minutes Secretary. All are volunteers and are elected at the AGM each year.

If you'd like to get involved in any way contact Suzan Whittle, Secretary, on 07887 708304

"January is named after the Roman god Janus, who was always shown as having two heads. He looked back to the last year and forward to the new one. The Roman New Year festival was called the Cervula and people decorated their homes and gave each other gifts."



## Enjoy a warm and cozy January visit to your Lafé!

Looking for a cozy haven to beat the January blues? We are ready to welcome you with open arms to indulge in our delicious sourdough pizzas, baguettes, homemade soups, and over zo different sweet treats.

With gluten-free and vegan options to cater to every dietary need we have something for you whether you're in the mood for a warm bowl of home-made soup or a hearty pizza.

You will find a cozy and welcoming atmosphere here, perfect for dining solo or meeting up with a group of friends and we are dog friendly (To friendly dogs!)

We'd love to be a part of your winter escape!

Sue and Rob XX 01525 752367

6 Lincoln Way www.thehubandspokecafe.co.uk

## Flittabus plus 0—4 Club



Your bus service run by volunteers

Our website: https://flittabus.co.uk

THE NEXT MILTON KEYNES FLITTABUS

Tuesday 2 January 2024

<u>Departure from Harlington</u> as usual: <u>09:15 am</u>, from the **bus stop on Station** 

Road, a few yards down from the crossroads.

Return from MK as usual: 1:00 pm from Central Milton Keynes,

Exit Door 5.

<u>From January onwards</u>, only one bus will run between Harlington and Milton Keynes each month, and there will be no seat reservations – it's first-come, first-served ..... until next Christmas!

### 0-4 Club



## HARLINGTON 0-4 CLUB





Harlington Village Hall
£3.50 1st child.£1 for each additional child.
children under 6 months free with older sibling.
Monday & Friday 10am - 11:30am.Term time only.



#### **Brain Tumour Research**



#### "Where's your wheelie thing?"



This was the question I was asked as I walked past Sue and Stuart as they walked their dog, we passed walking round the village as we frequently do. This made me smile thinking of the conversational joke, "Where've you bin.... No where've you wheelie bin... " you know the one! Anyway back to the "wheelie thing", it has been off the road for a couple of weeks. Basically I have worn it out; it has trundled up and down to the allotment, around the village carrying heavy bags of compost, brought vegetables back home, it has had a busy year! I have replaced one wheel because it's tyre fell off and I have now worn out another tyre, but because one of the front wheel forks has bent and the wheel wouldn't swivel to go round a corner or travel in a straight line, there is no point replacing the bald tyre! Anyway whilst at the Christmas tree festival and talking to Ralph and Jackie about the "wheelie thing" Ralph offered to take a look and thanks to Ralph I am now back on the road and you will see me trundling again and I will replace the bald tyre! Thank you so much Ralph; this truck means an awful lot to me and helps me in my fundraising and gardening interests. It's become my signature and everyone expects to see me pulling it at all times! Talking of the Christmas tree festival thank you to Tricia and everyone at St Mary's for inviting me to sell Brain Tumour Research (BTR) Christmas cards and making me so welcome. Thank you also to the "mystery gardener PT" who found and picked up some BTR pens near St Mary's on Saturday 2nd December and returned them to me; that was a really kind and helpful gesture. Thank you to everyone who stopped to talk and bought cards, you helped me to raise £103. I had 7 boxes of cards on a sale or return basis from BTR, that's 224 packs of cards and after sales at the coffee morning, Frosts, Holy Family Luton, St John's Luton and St Mary's Harlington, I have 2 boxes left so I am very pleased with

Thank you also to Anne for her donation in memory of her aunt, Donna Cox and Christmas gift to the charity.

It has been a mad race to the end of the year for fundraising with a day at Frosts selling BTR merchandise where £333 was raised in donations and sales. I will have been in Newport Pagnell selling plants on the 11th December. On the 12th December Flitwick Rotary club offered a day collecting for them at Tesco, Flitwick, this will raise £150 for BTR, and finally my new venture delivering cards around Harlington. I will report on that in the February edition of Contact.

this as a fundraising effort.

## **Band Concert** *plus* **BTR** *ctd*.







# INNER WHEEL CLUB OF LUTON CHILTERN Charity Concert in aid of HEARING DOGS FOR THE DEAF by

The Woburn Sands Band presenting a

## CONCERT OF POPULAR LIGHT MUSIC

at Barton Village Hall
Hexton Road, Barton Le Clay, MK454JY
Concert commences 7.30pm
ADMISSION £10.00
Cash only
PAYABLE AT THE DOOR

## Brain Tumour Research ctd.,

But in the meantime another Thank you to Mary who has offered to help me with this delivering at the south end of the village and Margaret in the north west

So this concludes 2023 and sees in 2024. Let's hope for another super year fundraising and a breakthrough in their research. Wishing you all a Happy New Year and our thanks for your support and encouragement.

Best wishes

Jane and Emma Barltrop and Alice Sulaj

## ADALHS plus Wellbeing Walks

## Ampthill & District Archaeological & Local History Society



#### Monday 5th February 2024

## Archaeology of the Route of HS2 in Buckinghamshire



Stoke Mandeville Roman Bust

Buckinghamshire has a rich archaeological history which is being added to with the construction of the HS2. The significant archaeological finds of the route will be shown in this talk.

Speaker: Lucy Lawrence, Archaeology Officer, Buckinghamshire Council

Flitwick Library Lecture Theatre, MK45 1QJ 7.30 for 7.45 pm start. Members free, visitors very welcome £5.00 payable on the door.

The talk will also be broadcast live via Zoom to Society members.

Next meeting: 4th March - Going Like the Clappers – the 1907/08 Sharpenhoe Speed Motor Hill Climbs

Speaker: Bryan Marsh

## www.adalhs.org.uk

## **Harlington Ramblers Wellbeing Walks**

The Harlington walks happen every Friday morning and start from the Village Hall Car Park at 10.30am. They are a great way to stay fit, enjoy the village, and meet fellow residents. It is almost impossible not to feel good when we're walking outdoors – it's a natural mood-booster and a tonic for mind and body.



Whether you used to enjoy walking but have lost your fitness or want to get started to improve your wellness, we're all in it together. We're a friendly bunch so you'll get the warmest of welcomes. Everyone walks for their own reasons, whether to ward off illness, manage health conditions or boost their wellbeing. Yet we all get more out of it by walking together.

## Crafternoon Tea plus Jigsaws

Crafternoon Tea meets fortnightly on Monday afternoons, between 2 and 4 pm, at the Methodist Church on Sundon Road. There are likely to be all sorts of crafts on the go, and we are happy to share what skills we have with others. We have materials, tools and magazines available, some always on the premises, and some which can be brought in if required, so let me know if there is something you are likely to want.

Christmas causes a number of things to happen in our house: tidying up brings to light odds and ends of yarn which need using up. Variable solutions mean giving them to 626 for pompom making, or adding them to the stash at the Church, for people who want oddments for finishing off projects – ask if you want to

look. There may also be presents of new books, or yarn, needles and crochet hooks, craft kits – sometimes not new, but from someone else's tidying discoveries.

These things may happen in other houses than ours – our first meeting of the new year will be an opportunity to bring (or acquire) from other people. From the navy blue glittery yarn pictured in the October



2022 article, I have made a jumper, a cardigan, and the ribbing for the matching slipover, and others have used more, along with the purple glittery yard given in the same package, which, to my knowledge, has made at least three cardigans or jumpers for small girls! Where there's a gift, there will be someone with an idea!

Our January meetings will be 15<sup>th</sup>, and 29<sup>th</sup> on Zoom as well as in person, and refreshments are served at each meeting.

There will be no meeting on 1st January!

Contact: Tina Salmon (<u>christinasalmon60@gmail.com</u>), 874481, website: <u>https://cliveandtina.co.uk</u>

## **Jigsaws**

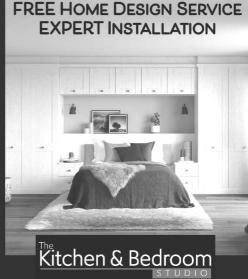
There is now a wide variety of subjects and sizes of jigsaws available, from fairly easy to very difficult, and for children or adults.

Please contact me if you'd like to borrow a jigsaw. Just call/ text or email your request; approximate size, "normal" or larger pieces etc and I will then deliver to your home. You're welcome to collect if you prefer. When returning a jigsaw, just let me know if there are any missing pieces or any other problem. Thank you. Tricia 07711 511729

#### YOUR LOCAL FITTED KITCHEN & BEDROOM SPECIALISTS



Showroom: Inside The Olde Watermill Shopping Village Barton-Le-Clav. MK45 4RF Tel: 01582 882020



www.kitchenbedroom.studio



## WHITE & FENSOME

**BUILDING CONTRACTORS** 



Tel: 01582 594766 Fax: 01582 594866 Mobile: 07860 967191 & 07899 806256

- PROPERTY MAINTENANCE
- DOUBLE GLAZING
- EXTENSIONS
- PLASTERING
- CARPENTRY
- FENCING
- ROOFING



## **Sundon Medical Centre and Harlington Surgery**



#### DEFIBRILLATORS IN HARLINGTON

Recently a Harlington patient was taken ill with a suspected heart attack. He urgently needed a defibrillator to apply an electric shock to his heart, to restore his normal heartbeat. But nobody was sure where the nearest defibrillator was located and/or if it was accessible.

Here is a list of the five defibrillators in Harlington:

Location	Accessibility
Parish Hall Church Road LU5 6LE (next to the church)	All day every day
Railway Station Station Road LU5 6LD (outside the booking office)	All day every day
Harlington Surgery Westoning Road LU5 6PL (opposite Orchard House) * Tel: 01525 874066	Mon-Fri: 8.30 am to 1.00 pm  Weekends and Bank Holidays: No accessibility
Harlington Upper School Goswell End Road LU5 6NX * Tel: 01525 752500	Mon-Fri: 8.00 am to 3.30 pm.  Weekends and School Holidays: No accessibility
Harlington Lower School Westoning Road LU5 6PD * Tel: 01525 755100	Mon-Fri: 8.00 am to 4.30 pm.  Weekends and School Holidays: No accessibility

<sup>\*</sup> Phone to check accessibility

#### SELF-BOOK SERVICE FOR TARGETED CLINICS

Over the last couple of months we have started using a Self-Book Service for Targeted Clinics. **Targeted Clinics** are clinics tailored to **one procedure**; for example, a clinic dedicated just for **flu vaccinations**.

The **Self-Book Service** is a system where the practice will send a link to your mobile phone. This will let **you choose the date and time to book** into the Targeted Clinic. Links will expire after seven days.

#### Sharlene Clarke, Practice Manager

Practice website: www.sundonmedicalcentre.nhs.uk

## **Harlington Directory**

CHURCHES PARISH CHURCH: Dr Robert Johns Reader .email ST JOHN'S CHURCH RCparish.h METHODIST CHURCH Senior Steward: Martin W BAPTIST CHURCH Contact: Sue YuleLIFE CHURCH Key Leader: Carol Gibbs	olyfamilyandstjohn@northamptondiocese.org /allis01525 875850 01582 875410	
EDUCATION HARLINGTON LOWER SCHOOL Head: Ms V Pa 01525 752500 FRIENDS OF HARLINGTON LOWER SCHOOL. PARKFIELDS MIDDLE SCHOOL Toddington Heparkfields@cbc.beds.sch.uk 01525 872555 HARLINGTON UPPER SCHOOL, Goswell End R admin@harlington.org 01525 755100	fhlsa99@gmail.co.uk ad: James Hughes	
HISTORY AND ENVIRONMENT  AMPTHILL & DISTRICT ARCHAELOGICAL & LOCAL HISTORY SOCIETY, Clive Makin@ntlworld.com		
HOBBIES, ARTS AND CRAFTS  CRAFTERNOON TEA Tina Salmon		
LAW AND ORDER AMPTHILL AND FLITWICK AREA, www.pc BEDFORDSHIRE POLICE'' STREET WATCH, HARLINGTON	www.bedfordshire.police.uk 1234 841212	
Wednesday, 2pm – 6pm Tu	K45 1QJ01525 715266	

## **Harlington Directory**

LOCAL REPRESENTATIVES: PARISH COUNCIL Clerk: Stewart Wilks, Parish Council Office, Church Road, LU5 6LE
Website: http://www.harlington-pc.gov.uk Office Open 9.am – 2.00pm daily CENTRAL BEDS COUNCILLOR: Mrs M Walshmary.walsh@centralbedfordshire.gov.uk
MEMBER OF PARLIAMENT: Alistair Strathern (Lab) House of Commons, London SW1A 0AA alistair.strathern.mp@parliament.uk
LOCAL SERVICES Hub and Spoke. Café, Pizza. (take away and delivery) 6 Lincoln Way www.thehubandspokecafe.co.uk .01525 752367
MEDICAL SUNDON MEDICAL CENTRE, 142-144 Sundon Park Road, Luton General Enquiries
MEETING PLACESHARLINGTION METHODIST HALLShmc.bookings@ntlworld.com 01525 754527HARLINGTON PARISH HALLhttp://www.harlington-pc.gov.uk 01525 875933HARLINGTON VILLAGE HALLwww.harlingtonvillagehall.co.uk 07725 031153
MEN & WOMEN'S GROUPS BRIGHT HOUR FELLOWSHIP
POLICTICAL PARTIES CONSERVATIVE PARTY Mid Beds Conservative Association Sheffordoffice@midbedsconservatives.uk 01462 811992 LABOUR PARTY Mid Beds Labour Partywww.midbedslabour.org.uk LIBERAL DEMOCRATS Central Beds Liberal Democratswww.centralbedslibdems.org.uk
PRE-SCHOOL HARLINGTON 0-4 CLUB (Playgroup) HARLINGTON VILLAGE PRE-SCHOOLstaff@harlingtonvillagepreschool.org.uk 07963 534038
SOCIAL AND WELFARE SERVICE HARLINGTON NEIGHBOURHOOD HELP

**Continued over** 

## Harlington Directory plus Harlington Gardeners

#### TRANSPORT

#### YOUTH

GIRL GUIDING UK:

This is the first time we have republished the Directory for a few years. I hope we have made the right corrections, although I am aware that there are some contact details missing.

If you spot any errors or omissions, I will publish changes as they are notified to me. Watch out for these in the next couple of months. I aim to reprint a full listing in July or August, our next quiet period.

## Harlington Gardeners' Society



As our present chairman resigned at the last AGM we were in danger of having to close. But great news, we have got a new chairman – designate. Therefore we will be carrying on "in business" for at least another year. However we still wish to have more members join our committee so if you are interested please let me know.

We will be holding our New Year Social for members on 20<sup>th</sup> January at 1 pm in the Village Hall at which we will formally elect out new chairman. Refreshments will be served, but members will need to bring their own drinks & glasses. Subs will remain the same & will be taken during the event.

Later in the year will hope to hold our Spring Social with a speaker, our annual coach trip to a RHS garden & our annual BBQ. Details later.

Tony Roberts - HGS Secretary



Don't waste your precious time on cleaning. Let us do it for you. No mess, no stress! **Contact Dagmara** 

Mobile: 07940 172062

Recommended by Harlington villagers.





W W. D AVIDJAMESKITCHENS. CO.U F







MANUFACTURE

DESIGN INSTALLATION

We are a local manufacturer of beautiful kitchens. We sell direct to save you money. The factory showroom has an extensive display of different styles.

SAVINGS ON ALL KITCHENS

& Up To 25% Off Top Brand Appliances

01525 722230 PULLOXHILL BEDS MK45 5EU

#### PARISH HALL FOR HIRE

FOR ALL CELEBRATIONS & MEETINGS

Excellent facilities,

Fully equipped kitchen,

3 large meeting rooms,

Tables and Chairs provided,

Competitive prices,

For availability and

bookings please call: 01525 875933

Or F-mail:

Enquiries@harlington-pc-gov.uk

## Flit Vale Wildlife plus HVH 100 Club



#### Wildlife walks & talks

Monday, 15<sup>th</sup> January 2024. 19.30 Maulden Church Hall 2A Church Rd, Maulden, MK45 2AU

#### A slow worm population ten years on

Join Dr Gwen Hitchcock for an illustrated talk on a local slow worm population and their progress since their journey from the Luton-Dunstable busway site. After they were relocated to various other nature reserves in the area, Gwen and her colleagues have been monitoring the translocated slow worms for ten years. Are they thriving in their new homes? £4 entrance charge to this event.

**Friday, 2nd February 19:00 for a 19.30 start** Maulden Village Hall, 5-13 Flitwick Rd, Maulden, MK45 2DN

#### **Quiz Night**

Our annual Quiz Night. Fundraising for the Wildlife Trust BCN. Teams of four to six.

A date for your diary!

Open to all.

For additional information or to reserve your place please email flitvale.info@gmail.com.

(If you don't have email, please ring Ann on 07580 178889 between 6-8 pm.)

The Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire

Registered charity number: 1000412

www.wildlifebon.org

Flit Vale Local Group www.flitvale.org.uk

#### **HVH 100 Club**

The 100 club winner for November 2023 was number 66 belonging to Hannah Spencer of Harrold Beds

If you wish to be part of the 100 Club and have the chance to win £50, please contact me at: <a href="hvhtreasurer@btinternet.com">hvhtreasurer@btinternet.com</a>. The money raised each month helps to fund the upkeep of the Village Hall.

Dave Thew, Treasurer, HVH Management Committee



#### www.the-doghouse.uk



- house | groon
- Bespoke and personalised
- Specialising in S-M sized dogs
- OCN 3 Dog Grooming Diploma
- Fully insured
- Trained in canine first aid
- State of the art equipment
- Professional salon products



07725 051381



## STROBE ELECTRICS

**ELECTRICIAN NIC APPROVED** 

**ESTABLISHED 25 YEARS** 

**House Rewires Part P REG** No Job Too Big or Small For a job well done **Quality Assured** 

#### Call Graeme

01582 451442 07956 570692

## HI Education

## **Specialist Dyslexia tuition**

- Qualified Specialist Dyslexia Teacher
- Member of the BDA with Accredited Teacher Status.
- 1-1 Phonics, Maths and English Tuition offered for Early Years, KS1 and KS2 learners.
- Fully Qualified Teacher over 18 years teaching in local schools.
- Home-schooling and after school tuition offered.
- Enhanced DBS checked.

E-mail Helen Ingram on:

E: helen@hi-education.co.uk

www.hi-education.co.uk

## Westoning Baptist Church

We are an independent Baptist Church in Central Bedfordshire.

You are very welcome to join us for our services at the Church or live on Zoom.





Services 11am & 6pm

Sunday School 9.30am - 10.30am (term-time) Tuesday

Bible Study/Prayer Meeting 7.15pm

- Large free car park on site
- Zoom Meeting ID: 292 960 6969
- Greenfield Road MK45 5JD
- westoningbaptistchurch.org



#### AMPTHILL & FLITWICK PHYSIOTHERAPY CLINIC

Tel: 01525 720882

www.chartered-physiotherapy.co.uk Info@anfphysio.co.uk

1 Kings Road Flitwick MK45 1ED

Helping you get back on track



We offer the very best hands-on physiotherapy treatment

Neck/ Back/ Shoulder/Knee pain
Headaches/Migraines/Sciatica
Arthritis and all joint pain
Whiplash/RSI/Osteoporosis/Sports injuries
Vertigo and dizziness/Posture training and ergonomics
Long Covid

WE ARE PROVIDERS FOR MOST INSURANCE COMPANIES

#### We also offer complementary treatments:

Acupuncture/Chinese medicine Clinical Psychology/Deep Tissue Massage

## Messy Church plus Wednesday Coffee Mornings



Our November Messy Church was about healing miracles, particularly Bartimaeus. Jesus often used these miracles to show that God's love went beyond the rules that Jews tried to live by in his day.

Most blind or otherwise disabled people would have had to



beg, so we made begging bowls. We also made stamp prints of crowds, and chocolate mousse to represent mud



In our next Messy Church, at 4 pm on 20th January we will look at the story of Zacchaeus, another story where Jesus was showing people what God was really like.

For those who don't know, from 4 pm we have activities, including painting, cooking, model making or similar, then at 4.45 pm we go into our celebration, with stories, songs and some more activities. While we're doing that, someone else is setting out tea, which we have from 5.30 pm to 6 pm.

We have a Zoom link for those who can't get to the chapel, and livestream the celebration to YouTube, which also provides a recording. Don't forget, while children need an adult, Messy Church is not just for children. If you find that making things helps with the Bible stories, Messy Church may be for you. Clive

## **Wednesday Coffee Mornings and Games**



If you have not been before and would like to join us for coffee/tea, a chat or a game of table tennis we would love to see you. We meet every Wednesday in the Parish Hall from 10 am until 12 o'clock. The Games Group section have begun playing table tennis again and you are very

welcome to join us. We also have a small snooker table, and if anyone would like to come perhaps to play different indoor games eg chess, card games or Scrabble, please do come along any Wednesday morning to see us and have a chat. Doreen Gatward and Valerie Bates.



## LIFE Church plus Harlington Heritage Trust



Sunday services usually at 10.30am in The Parish Rooms

#### All Welcome

#### January

7th - Worship

14th – Scott Pettingale & Dawn Childs

21st - United Service 10am: @ St. Mary's

28th - Worship

Wednesday 7.15pm Prayer meeting continues to meet on Zoom.

For more information check us out on our website.

You can also contact us through our website if you have any prayer requests or would like to talk to someone

www.life-church-harlington.com

## **Harlington Heritage Trust**

On Sunday 21 January Bryan Marsh, a local resident and motorcycle enthusiast, is giving a talk on "Hoo's the Fastest – Motor Speed Trials at Luton Hoo 1902-1923".

On Sunday 18 February the storyteller Mark Steinhardt will be entertaining us with "The Scandal of Frank Spooner". Frank Spooner was a school headmaster, and ultimately a Director of Education, who disappeared with nearly £3,000 of County Council money in Edwardian times.

The cost to attend the talk is £4 for members and £5 for non-members, including refreshments after the talk. Other HHT events for 2024 will be publicised in the HHT members' newsletter, "Contact" magazine and on the HHT website.

#### **Methodist Church**

We meet in person in the church and also have people join on Zoom, or view the service on YouTube for morning services. Everyone is welcome.



#### **JANUARY** preachers are:

$7^{th}$	10 am	Rev. Claudia Lupi. This is our annual
		Covenant Service
	6 pm	Rev. Jenny Spouge
$14^{\mathrm{th}}$	10 am	Preacher to be confirmed
$21^{st}$	10 am	United Service at St Mary's for the Week of Prayer for
		Christian Unity

28<sup>th</sup> 10 am Rev. Jenny Spouge. This service includes Holy Communion If you want to join us on Zoom, the Zoom link is normally sent out the day before. Email me, clivedsalmon@aol.com, or phone 874481 to be added to the

Zoom email list, or if you would like our printed service emailed to you.

COFFEE MORNING 27th January, from 10 am to 12 noon, in the hall

#### **BRIGHT HOUR FELLOWSHIP**

The Bright Hour Fellowship meets every Thursday afternoon at 2.45pm at the Methodist church Hall. Members have the opportunity to hear from a variety of invited speakers, share in the company of others and enjoy a nice cup of tea.

So why not join us? New members are always made very welcome. No need to book ahead, just come along! We look forward to seeing you soon.



Speakers for January .-

11th Pam Greener

!8th Richard Luscombe

25th Rev. Claudia Lupi

#### **ROOM BOOKINGS**

Contact Trevor Caveney if you are interested in booking any of our Halls, Rooms or the Church. The Halls are suitable for meetings, groups, clubs and particularly good for children's parties. Reasonable prices. Tel 01525 754527 or hmc.bookings@ntlworld.com

## St Mary's Churchwarden



## St Mary's Church



#### HAPPY NEW YEAR from everyone at St Mary's!

<u>Christmas Tree Festival & Salvation Army Toy Appeal</u>: a big thank you to everyone who helped at the Festival in early December or entered a tree. What a talented lot you are! The church looked amazing, especially with all the art work the children had created at the earlier Art Attack. The winners of the public vote were: Adult tree – Harlington Crafters with Jack and the Beanstalk. Children's tree – Harlington Brownies with Aladdin (with just one point more than Harlington Rainbows!). The Salvation Army have also asked us to pass on their sincere thanks for all the donated toys. They said what a difference it made to so many children on Christmas Day. Thank you. Talking about toys, I once forgot how to throw a boomerang......but then it came back to me!

<u>Concert of Sacred & Popular Music</u> Friday 29<sup>th</sup> December, 7.30pm. Just in case the Contact arrives early, here is a reminder of this event. Please 'book' via <u>stevetg@me.com</u>. Donations on the door.

**Quiz Night:** Saturday 10<sup>th</sup> February 7.30pm in the Village Hall. Contact me please to book your place or team by Monday 5<sup>th</sup> February. Teams can be up to 6 people, £5 per person to include light refreshments. Either bring your own drink, or soft drinks, tea and coffee are included. tricia.murphy5@ntlworld.com. Any proceeds will go to our Restoration Fund.

*Family Messy Breakfast* this month is on Sunday 14<sup>th</sup> January, 9–10.20am in the Parish Hall. Pop in any time for breakfast, fun and crafts.

For service and event information, check the Contact magazine, the noticeboard outside church or our website: www.harlingtonchurch.org. If you'd like to speak to someone, please contact myself or Churchwarden Neil Walter, or email our Lay Reader Robert: robert@harlingtonchurch.org

Best wishes, Tricia Churchwarden

"Then sing, young hearts that are full of cheer, With never a thought of sorrow; The old goes out, but the glad young year Comes merrily in tomorrow."

- Emily Miller



## St. Mary's Church Services

Everyone is welcome to attend the services in our beautiful village church. On 21<sup>st</sup>. January all churches in Harlington meet together for our annual service for Christian unity, a very special occasion.

#### January services are:

#### **Sundays**

7<sup>th</sup> 9.30 am Holy Communion

Please note there is no first Sunday 8 a.m. service this month, it will resume in February

- 14<sup>th</sup> 9.00 am Messy Breakfast 9.30 am Sunday worship (Service of the Word or Communion)
- 21st 10.00 am Churches Together joint service for Christian unity
- 28<sup>th</sup> 9.30 am Holy Communion

#### **February**

 $4^{th}$  9.00 am Messy Breakfast

9.30 am Sunday worship (Service of the Word or Communion)

#### Wednesdays

Every Wednesday 10 a.m. Holy Communion or Morning Prayer

#### Other times

The church can be made available for private prayer by arrangement, please contact one of the church wardens, Tricia Murphy <a href="mailto:tricia.murphy5@ntlworld.com">tricia.murphy5@ntlworld.com</a> or Neil Walter <a href="mailto:walterfamily@btinternet.com">walterfamily@btinternet.com</a>, or the Church Reader Dr. Robert Johns <a href="mailto:robert@harlingtonchurch.org">robert@harlingtonchurch.org</a>. Alternatively email admin@harlingtonchurch.org

For personal enquiries, for requests for prayer, or for enquiries about baptisms, weddings or funerals please contact Dr. Robert Johns <a href="mailto:robert@harlingtonchurch.org">robert@harlingtonchurch.org</a> or 01525 873214.

#### Further information and useful links

The church noticeboard is kept regularly up-to-date
The church website is at <a href="https://www.harlingtonchurch.org">https://www.harlingtonchurch.org</a>
The church Facebook page is: <a href="https://www.facebook.com/stmarysharington/">www.facebook.com/stmarysharington/</a>
A Church Near You at <a href="https://www.achurchnearyou.com/church/7667/">https://www.achurchnearyou.com/church/7667/</a>
Remember that we are here for you.

Dr Robert Johns (Reader), Tricia Murphy and Neil Walter (Church Wardens)

## WF Electrics

## Call us on 01582 594766 or 07554 668250

- All Electrical Work Undertaken
- House Re-Wires & Repairs
- Electrical Certification
- External Lighting
- Consumer Unit Installation & Upgrades
- Additional sockets





Part of White & Fensome (Builders) Ltd



## Life throws us many challenges

Sometimes we all need a little help to find our way through



#### Harlington Counselling

Online and in-person counselling for adults and young people (16 years+)

Are you feeling overwhelmed, anxious or depressed?

Are you struggling in relationships or unable to cope with the loss of a loved one?

Speaking to a trained therapist means having a safe, confidential space to talk about your feelings, to consider positive change and take control of your mental wellbeing.

E M A I L : natasha@harlingtoncounselling.co.uk TELEPHONE: 01525 591025

www.harlingtoncounselling.co.uk



All Plumbing, Heating, Gas and Electrical work undertaken.

Boilers, Radiators, Underfloor Heating Systems. Unvented Hot water systems, LPG Power Flushing (to remove heating system sludge) Full rewires, Consumer unit upgrades Kitchens and Bathrooms (complete install, supplied and fitted) Landlords Certificates

Mobile: 07973842037 Web: www.kinsbridge.co.uk Office: 01525 600024

Email: info@kinsbridge.co.uk









551729

## James

## Plumbing & Heating

Local, reliable and quality service

- Boiler servicing
- Landlord Certificates
- Boiler and central heating installation
- Heating breakdowns
- Heating and boiler upgrades
- Radiator replacement or relocation
- General plumbing work

Call for a free no obligation quote.

Mob: 07970 275358 Tel: 01582 882245

Email: daniel.james5@outlook.com



## **KP Sewing Repairs & Alterations** Sewing by hand or machine

Friendly, convenient service

Pick up & deliver Harlington based



#### Contact Karen:



07930 443123



kpsewing@outlook.com

## Village Diary plus New Year's Day Walk

#### January 2024

1<sup>st</sup> Walk Village Hall Car Park 11 am
 2<sup>nd</sup> Flittabus Station Road bus stop 9.15 am

14<sup>th</sup> Messy Breakfast Parish Hall 9 am

15<sup>th</sup> Crafternoon Tea Methodist Church Hall 2 – 4 pm (plus Zoom)

15<sup>th</sup> Community Forum Harlington Lower School 6 pm 15<sup>th</sup> Wildlife Talk Maulden Church Hall 7.30 pm

20<sup>th</sup> HGS Members Social Village Hall 1 pm

20<sup>th</sup> Messy Church Methodist Church and Halls 4 – 6 pm

21<sup>st</sup> HHT Talk Village Hall 3 pm

27<sup>th</sup> Coffee Morning Methodist Church Hall 10 am to 12 noon 29<sup>th</sup> Crafternoon Tea Methodist Church Hall 2 – 4 pm (plus Zoom)

#### **February**

2<sup>nd</sup> Wildlife Quiz Night Maulden Village Hall 7 pm

4<sup>th</sup> Messy Breakfast Parish Hall 9 am

5<sup>th</sup> ADALHS Talk Flitwick Library Lecture Theatre 7.30 pm

10<sup>th</sup> Quiz Night Village Hall 7.30 pm

10<sup>th</sup> Band Concert Barton Village Hall 7.30 pm 16<sup>th</sup> HNH AGM Hub and Spoke 7.30 pm

Don't forget the regular weekly things like the Wednesday Coffee Mornings and Friday Ramblers Wellbeing Walks that aren't shown here.

GET YOUR FEBRUARY 2024 DATES TO THE MAGAZINE BY 10<sup>TH</sup> JANUARY

## New Year's Day Walk

As usual the Toddington Rambling Club walk will commence at 11 o'clock prompt from the Harlington Village Hall car park & will be 4/5 miles in length. If another leader can be found a shorter walk of about 2.5 miles will be held.

All Harlington residents are cordially invited to attend, however due to weather conditions at that time of year a certain amount of mud should be expected & wellington boots or preferably walking boots should be worn.

It must be noted that the walk will be at your own risk so please take care & do not leave the walk without notifying either the leader or the back marker.

Regards Tony Roberts - Chairman of Toddington Rambling Club